

## Triple Description – Shawn

Recently, we lost one of our little Chihuahuas. Every evening I let our two dogs out. One night while they were out I heard a screeching howl. I went to the door but only one dog came in. My wife was extremely upset. I did not understand how anyone could be *that* upset over the loss of a dog. The Triple Description process allowed me to understand what she might be feeling. To her it was like losing a family member. By understanding my wife's perspective, I was able to console her in a way that met her needs. It made a world of difference.